


RESEARCH ARTICLE

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Vitamin D-related gene polymorphism predict treatment response to pegylated interferon-based therapy in Thai chronic hepatitis C patients

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Abstract

Background: Patients with chronic hepatitis C (HCV) infection have high prevalence of vitamin D deficiency. Genome-wide association study data has showed that several genetic variants within vitamin D cascade affect vitamin D function. This study aimed to determine whether genetic polymorphisms of genes in the vitamin D pathway are associated with treatment responses to pegylated interferon (PEG-IFN)-based therapy in patients with chronic HCV infection.

Methods: The study included 623 Thai patients from 2 university hospitals diagnosed with chronic HCV infection who were treated with a PEG-IFN and ribavirin. Patients were genotyped for functional variants on vitamin D synthetic pathway including *GC* (rs4588, rs7041, rs22020, rs2282679), *CYP2R1* (rs2060793, rs12794714), *CYP27B1* (rs10877012), and *DHCR7* (rs12785878). Pre-treatment predictors of sustained virologic response (SVR) at 24 weeks following discontinuation of therapy were identified using a logistic regression analysis.

Results: SVR was achieved by 60.5% of patients (52.9% with HCV genotype 1; 66.7% with HCV non-genotype 1). In 44.6% of HCV genotype 1-infected patients, only the variant rs12785878 in the *DHCR7* locus was significantly associated with an SVR. HCV genotype 1 patients who had *DHCR7* rs12785878 GT/TT had a higher rate of SVR than those with the GG allele (59.7% vs. 43.4%, $P = 0.03$), but in HCV non-genotype 1-infected patients, the SVR rate did not differ between the two groups (63.3% and 59.1% for GT/TT and GG allele, $P = 0.54$). By multivariate analysis, liver fibrosis stage 0–1 (OR = 5.00; 95% CI, 2.02–12.37; $P < 0.001$), and *DHCR7* rs12785878 GT/TT allele (OR = 2.69; 95% CI, 1.03–7.05; $P = 0.04$) were independent pre-treatment predictors of SVR following PEG-IFN-based therapy in HCV genotype 1 patients. Baseline HCV RNA < 400,000 IU/ml (OR = 1.96; 95% CI, 1.13–3.39; $P = 0.02$) was the only independent predictor of SVR in HCV non-genotype 1 patients. The polymorphisms of *GC*, *CYP2R1* and *CYP27B1* were not associated with treatment outcome even in genotype 1 or non-genotype 1 HCV infection.

Conclusion: The *DHCR7* polymorphism may be a pre-treatment predictive marker for response to PEG-IFN-based therapy in chronic HCV genotype 1 infection.

Keywords: Chronic hepatitis C virus infection, Vitamin D, Gene polymorphisms, Pegylated interferon

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Background

Chronic infection with hepatitis C virus (HCV) is a major cause of cirrhosis and hepatocellular carcinoma, with an estimated 185 million people worldwide with chronic HCV infection reported in 2012 [1]. Chronic HCV infection can be treated with the combination therapy of pegylated interferon (PEG-IFN) and ribavirin, which can achieve a sustained virologic response (SVR) in approximately 42%–80% of patients [2, 3]. Despite the development of novel therapy with direct-acting agents (DAAs), these new regimens are expensive and not widely accessible in low-income developing countries, including Thailand. Several patient pre-treatment factors have been demonstrated to assist clinicians in predicting the chance of obtaining an SVR prior to PEG-IFN-based therapy for individual patients with chronic HCV infection [4–6].

Recent studies have shown that vitamin D can act as an immune modulator and regulate hepatic fibrogenesis, in addition to its role in calcium and bone metabolism [7–9]. Most of the vitamin D in the body is synthesized from 7-dehydrocholesterol in sun-exposed skin. The *DHCR7* gene encodes a reductase that functions as a switch to maintain the balance between 7-dehydrocholesterol for pre-vitamin D3 or cholesterol production [9]. Vitamin D3 undergoes a first enzymatic modification in the liver by cytochrome P-450 family 2, subfamily R, polypeptide 1 (*CYP2R1*) and generates 25-hydroxyvitamin D (25(OH)D) which is subsequently bound to GC-globulin in the circulation. The second step is hydroxylation, mediated by *CYP27B1* in the cells of the kidney and other cells, including immune cells, to produce the active metabolite, 1, 25-dihydroxyvitamin D (1,25(OH)₂D) [10–13].

Vitamin D deficiency is common in patients with chronic liver disease [14, 15]. Patients with chronic HCV infection have lower mean serum vitamin D levels when compared with age-matched and sex-matched healthy controls [16]. Up to two-thirds of patients with chronic HCV infection may have vitamin D deficiency and one in six patients have severe deficiency, which is three-times the number in the general population [17, 18]. Low serum vitamin D levels may be related to liver fibrosis and a reduced response to PEG-IFN therapy in patients with HCV genotype 1 [16, 19]. Additionally, vitamin D supplementation has been shown to improve the SVR rate in HCV genotype 1 patients treated with PEG-IFN and ribavirin [17, 20, 21]. Findings from large genome-wide association studies (GWAS) and systematic reviews have shown that single nucleotide polymorphisms (SNPs) involved in the vitamin D synthetic pathway, including *GC*, *CYP2R1*, *CYP27B1* and *DHCR7* can influence serum 25(OH)D levels [22–24]. Previous studies have shown that functional polymorphisms within *CYP27B1-1260* (rs10877012) are associated with poor response to PEG-IFN therapy in European patients

with chronic HCV infection, especially with unfavorable *IL28B* rs1279860 CT/TT genotype [18, 25].

However, there are limited data on the association between common SNPs that control vitamin D metabolism and SVR following PEG-IFN therapy for chronic HCV in Thai patients. Therefore, the purpose of this study was to demonstrate whether genetic variants of *DHCR7*, *CYP2R1*, *GC*, and *CYP27B1* are associated with the response to PEG-IFN-based therapy in Thai patients with chronic HCV infection.

Methods

Study population

This study was conducted between June 2012 and December 2013 at Chulalongkorn University Hospital (Bangkok, Thailand) and Srinagarind Hospital (Khon Kaen, Thailand). The study included 623 Thai patients with chronic HCV infection, all of whom had compensated liver disease. All the patients included in the study fulfilled the following inclusion criteria: a positive test for anti-HCV antibody, detectable serum HCV RNA, treatment with standard doses and duration (24–72 weeks) of PEG-IFN including PEG-IFN-alfa 2a or 2b in combination with ribavirin. Patients with concomitant human immunodeficiency virus, hepatitis B virus infection, end-stage renal disease and decompensated cirrhosis, patients who were post-liver transplantation, and patients treated with immunosuppressive drugs were excluded from the study. Patient demographic and clinical characteristics at baseline, during and after treatment with a PEG-IFN-based regimen, including age, sex, body mass index (BMI), alcohol drinking history, serum HCV RNA, and biochemical data were recorded. Staging of liver fibrosis was evaluated by tissue histology or measurement of liver stiffness.

The study was conducted in accordance with the ethical principles of the Declaration of Helsinki under Good Clinical Practice. The study protocol was approved by the local Institutional Review Board (IRB). Patients gave written informed consent to participate in the study, according to the requirements of the local ethics committee.

HCV RNA measurements and definition of virologic response

HCV RNA was quantified using a real-time reverse-transcription polymerase chain reaction (PCR)-based assay (COBAS TaqMan HCV assay, Roche Diagnostics, Basel, Switzerland). HCV genotyping was performed by using the line probe assay INNO-LiPA HCV (Innogenetics, Gent, Belgium).

Rapid virologic response (RVR), early virologic response (EVR) was defined as undetectable HCV RNA at weeks 4 and 12 during PEG-IFN- α therapy. SVR was defined as undetectable HCV RNA in the plasma 24 weeks after the completion of treatment.

Characterization of vitamin D pathway gene polymorphisms

Genomic DNA was extracted from buffy coat using standard phenol-chloroform method. The eight studied SNPs were genotyped, including *GC* (rs4588 C > A, rs7041 G > T, rs22020 G > A, rs2282679 A > C), *CYP2R1* (rs2060793 T > C, rs12794714 C > T), *CYP27B1* (rs10877012 C > A), and *DHCR7* (rs12785878 G > T).

The PCR techniques was used and followed by restriction fragment length polymorphism assays. The PCR-specific primer sets were designed and showed in Additional file 1: Table S1. The studied SNPs were selected on the functional of clinical applications [22–24].

Statistical analysis

Statistical analysis of the data was performed using SPSS software version 22.0 (IBM, New York city, NY, USA). Categorical variables were presented as percentages, and continuous variables were presented as means ± standard deviations (SDs). The association between polymorphisms of vitamin D genes and treatment response was assessed using a Pearson chi-square test. The potential factors different from a *p*-value < 0.1 in the univariate analysis were included in the multivariate analysis based on a stepwise logistic regression model to identify independent predictors of SVR. The assumption of Hardy-Weinberg equilibrium was assessed for all SNPs using χ^2 test.

Results

Patient characteristics

A total of 623 patients with chronic HCV infection treated with a PEG-IFN-based regimen were enrolled in

the study. All the patients were Thai. There were 213 (34.2%) women. The mean age was 50.1 ± 9.5 years. There were 287 (46.1%) patients infected with HCV genotype 1, and 278 (44.6%) patients infected with HCV genotype 3. Overall, SVR was achieved in 377 (60.5%) patients, of which 147 (52.9%), and 230 (66.7%) patients were infected with HCV genotype 1 and non-genotype 1, respectively.

The baseline and demographic patient characteristics in patients with and without SVR at 24 weeks following the completion of treatment are summarized in Table 1. In all patients, the SVR rate was affected by age, HCV genotype, histologic stage of liver fibrosis, pre-treatment aspartate transaminase (AST) and HCV RNA.

Prevalence of the SNPs of genes involves in the vitamin D pathway in Thai patients with chronic HCV infection

The genotypic distribution of *GC* (rs4588 C > A, rs7041 G > T, rs22020 G > A, rs2282679 A > C), *CYP2R1* (rs2060793 T > C, rs12794714 C > T), *CYP27B1* (rs10877012 C > A), and *DHCR7* (rs12785878 G > T) in Thai patients with chronic HCV infection are shown in Table 2. Genotypic frequencies did not differ from what was estimated based on the Hardy–Weinberg equilibrium equation (*P* > 0.05).

Association between GC, CYP2R1, CYP27B1 and DHCR7 polymorphisms and SVR

The associations between the eight studied SNPs and SVR (classified by HCV genotype) are shown in Additional file 2: Table S2. Among HCV genotype 1-

Table 1 Clinical characteristics of patients with chronic hepatitis C virus infection

| Baseline characteristics | Non-SVR (<i>n</i> = 246) | SVR (<i>n</i> = 377) | <i>P</i> -value |
|--------------------------------------|---------------------------|-----------------------|-----------------|
| Female | 85 (34.6%) | 128 (34.0%) | 0.88 |
| Age (years), | 51.9 ± 8.4 | 50.0 ± 10.1 | 0.01 |
| Body mass index (kg/m ²) | 24.6 ± 3.4 | 24.5 ± 3.5 | 0.71 |
| Alcohol drinking | 138 (68.7%) | 155 (62.5%) | 0.17 |
| Diabetes mellitus | 51 (25.5%) | 55 (22.5%) | 0.47 |
| Genotype | | | |
| 1 | 131 (53.3%) | 147 (39.0%) | <0.005 |
| 2 | 0 | 1 (0.3%) | |
| 3 | 101 (41.1%) | 186 (49.3%) | |
| 6 | 14 (5.7%) | 43 (11.4%) | |
| Pre-treatment HCV-RNA (IU/ml) | 6.02 ± 0.60 | 5.81 ± 0.88 | 0.003 |
| Pre-treatment ALT level (U/L) | 106.2 ± 158.3 | 102.5 ± 75.8 | 0.98 |
| Pre-treatment AST level (U/L) | 87.3 ± 130.2 | 73.4 ± 52.1 | 0.046 |
| Advanced fibrosis (stage 2–4) | 76 (51.0%) | 73 (36.0%) | 0.005 |
| PEG-IFN alfa-2a | 109 (55.6%) | 145 (58.2%) | 0.58 |

Data represent as n (%), mean ± SD. *AST* aspartate aminotransferase, *ALT* alanine aminotransferase, *HCV RNA* hepatitis C virus RNA, *PEG-IFN* pegylated interferon, *SVR* sustained virologic response, *SD* standard deviation

Table 2 Genotypic frequencies of GC, CYP2R1, CYP27B1 and DHCR7 in Thai chronic hepatitis C patients

| | All patients (n = 623) | Genotype 1 (n = 278) | Non-genotype 1 (n = 345) |
|---------------------------|---------------------------|-------------------------|-----------------------------|
| <i>GC rs4588</i> | | | |
| CC | 345 (60.1%) | 162 (62.5%) | 183 (58.1%) |
| CA | 196 (34.1%) | 78 (30.1%) | 118 (37.5%) |
| AA | 33 (5.7%) | 19 (7.3%) | 14 (4.4%) |
| <i>GC rs7041</i> | | | |
| GG | 64 (11.1%) | 28 (10.8%) | 36 (11.4%) |
| GT | 237 (41.3%) | 108 (41.7%) | 129 (41.0%) |
| TT | 273 (47.6%) | 123 (47.5%) | 150 (47.6%) |
| <i>GC rs222020</i> | | | |
| GG | 118 (20.1%) | 59 (22.1%) | 59 (18.5%) |
| GA | 293 (50.0%) | 138 (51.7%) | 155 (48.6%) |
| AA | 175 (29.9%) | 70 (26.2%) | 105 (32.9%) |
| <i>GC rs2282679</i> | | | |
| AA | 236 (60.2%) | 132 (64.4%) | 104 (55.6%) |
| AC | 130 (33.2%) | 59 (28.8%) | 71 (38.0%) |
| CC | 26 (6.6%) | 14 (6.8%) | 12 (6.4%) |
| <i>CYP2R1 rs2060793</i> | | | |
| TT | 58 (10.2%) | 30 (11.6%) | 28 (9%) |
| TC | 242 (42.5%) | 106 (41.1%) | 136 (43.7%) |
| CC | 269 (47.3%) | 122 (47.3%) | 147 (47.3%) |
| <i>CYP2R1 rs12794714</i> | | | |
| CC | 253 (44.5%) | 123 (47.5%) | 130 (41.9%) |
| CT | 239 (42.0%) | 106 (40.9%) | 133 (42.9%) |
| TT | 77 (13.5%) | 30 (11.6%) | 47 (15.2%) |
| <i>CYP27B1 rs10877012</i> | | | |
| CC | 135 (23.2%) | 57 (21.5%) | 78 (24.7%) |
| CA | 294 (50.6%) | 139 (52.5%) | 155 (49.1%) |
| AA | 152 (26.2%) | 69 (26.0%) | 83 (26.3%) |
| <i>DHCR7 rs12785878</i> | | | |
| GG | 272 (65.9%) | 145 (70.0%) | 127 (61.7%) |
| GT | 118 (28.6%) | 53 (25.6%) | 65 (31.6%) |
| TT | 23 (5.6%) | 9 (4.3%) | 14 (6.8%) |

infected patients, *CYP27B1* rs10877012 CA/AA genotype, and *DHCR7* rs12785878 GT/TT genotype was associated with SVR. There was a progressive increase in the rate of SVR according to the *DHCR7* rs12785878 allele (43.4% for GG, 58.5% for GT, and 66.7% for TT), indicating an additive effect of the SNP in HCV genotype 1 infections. Figure 1 shows the rate of SVR according to *DHCR7* rs12785878 polymorphism in patients with chronic HCV infection. There was no association between all studied SNPs and the rate of SVR in patients with HCV non-genotype 1 infection.

Predictors associated with SVR

Univariate analysis of HCV genotype 1 patients showed that age, liver fibrosis stage 0–1, *CYP27B1* rs10877012 polymorphism, and *DHCR7* rs12785878 polymorphism were related to SVR. Multivariate analysis of HCV genotype 1 patients showed that liver fibrosis stage 0–1 (OR = 5.00; 95% CI, 2.02–12.37; *P* < 0.001), and *DHCR7* rs12785878 GT/TT allele (OR = 2.69; 95% CI, 1.03–7.05; *P* = 0.04) were independent pre-treatment predictors of SVR following PEG-IFN-based therapy (shown in Table 3). In HCV non-genotype 1 patients, pre-treatment AST and HCV RNA were associated with SVR. Logistic regression was used to identify baseline variables for good treatment response and showed baseline HCV RNA < 400,000 IU/ml (OR = 1.96; 95% CI, 1.13–3.39; *P* = 0.02) was the only independent predictor for SVR in these patients.

During treatment, RVR at week 4 and EVR were achieved by 49.1% and 81.7% of HCV genotype 1 patients, respectively, and 62.6% and 77.7% of HCV non-genotype 1 patients, respectively. A higher rate of SVR was obtained among patients who had RVR compared to among those without RVR for both HCV genotype 1 infections (69.8% vs. 30.2%, *P* < 0.001) and non-genotype 1 infections (73.1% vs. 26.9%, *P* < 0.001).

Performance of DHCR7 rs12785878 polymorphism for predicting SVR in HCV genotype 1 patients

To evaluate the performance of the *DHCR7* polymorphism, liver fibrosis, and RVR in predicting SVR in HCV genotype 1 patients, and to determine the value of the combination of these factors, the sensitivity, specificity, positive predictive value (PPV), and negative predictive value (NPV) were computed (Table 4).

The *DHCR7* rs12785878 GT/TT genotype, liver fibrosis stage 0–1, *DHCR7* GT/TT genotype with RVR, and *DHCR7* GT/TT genotype with fibrosis stage 0–1 were present in 30.0%, 68.3%, 11%, and 9.8% of patients, respectively. The *DHCR7* polymorphism, liver fibrosis, and RVR had similar positive predictive values (PPV). However, the combination of the *DHCR7* polymorphism with RVR or liver fibrosis increased the PPV (81.0–88.9%) and the specificity (95.9–97.9%) for predicting SVR. However, the predictive sensitivity of these factors was low (18.1–18.4%).

Discussion

The main findings of this study showed that the *DHCR7* rs12785878 GT/TT genotype for vitamin D metabolism was independently associated with a SVR in Thai patients with chronic HCV genotype 1 infection treated with PEG-IFN. Furthermore, the combination of the detection of the *DHCR7* rs12785878 variant with the severity of liver fibrosis or RVR increased the predictive value for SVR in HCV genotype 1 patients. These factors may

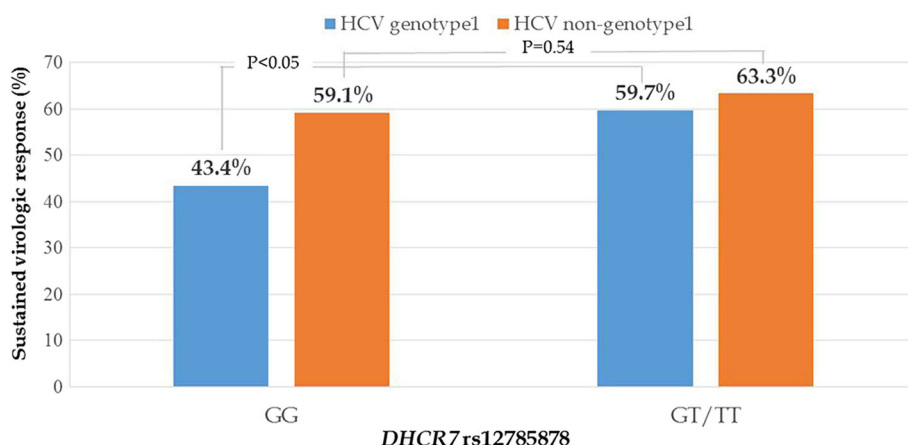


Fig. 1 Association of *DHCR7* rs12785878 polymorphism with SVR in Thai patients with chronic HCV infection

be helpful pre-treatment predictors for optimizing PEG-IFN-based therapy in order to lead to an improved rate of SVR. They may have a particular role in developing countries, including Thailand, where new DAAs therapies are not widely available.

There are increasing evidence on the relevance of vitamin D deficiency and clinical outcomes in patients with chronic HCV infection. Low serum vitamin D levels are associated with liver fibrosis, the presence of extrahepatic manifestations and poor response to interferon-based therapy in patients with chronic HCV infection. However, the relationship between serum vitamin D level and response to PEG-IFN therapy have been in conflicting from prior studies [16, 26–31]. Functional genetic variations in the vitamin D cascade have been previously shown to impact on clinical outcomes in patients with chronic HCV infection [27, 32]. The expression of the *DHCR7* gene polymorphism has been shown to be associated with

the severity of liver fibrosis [27]. Treatment responses following PEG-IFN-based regimens have been previously reported to be associated with common variations in genes in the vitamin D pathway including *CYP27B1*, *VDR*, *CYP2R1*, *GC* and SVR [18, 29, 33–36]. However, to our knowledge, this is the first study that has demonstrated the association between *DHCR7* polymorphisms and treatment responses in patients with chronic HCV infection.

In this study, the *DHCR7* rs12785878 GT/TT genotype was linked to an improved response to PEG-IFN therapy in Thai patients with HCV genotype 1. The *DHCR7* gene encodes 7-dehydrocholesterol reductase, an enzyme involved in the final step of cholesterol synthesis [37]. The SNP, rs12785878, located near the *DHCR7* gene on chromosome 11q12, has been linked to vitamin D serum concentrations in several studies [22, 27]. Findings from large GWAS of a European cohort have shown that the *DHCR7* rs12785878 variant was associated with vitamin

Table 3 Factors associated with sustained virological response to pegylated interferon and ribavirin in chronic hepatitis C virus genotype 1-infected patients

| | Univariate analyses | | Multivariate analyses | |
|---------------------------------|---------------------|---------|-----------------------|---------|
| | Odds ratio (95%CI) | P-value | Odds ratio (95%CI) | P-value |
| Age < 50 years | 1.93 (1.10–3.38) | 0.02 | 1.76 (0.71–4.37) | 0.22 |
| Female | 1.26 (0.76–2.09) | 0.37 | | |
| BMI | 1.02 (0.95–1.10) | 0.51 | | |
| Alcohol drinking | 0.82 (0.46–1.46) | 0.50 | | |
| Diabetes Mellitus | 0.78 (0.42–1.45) | 0.44 | | |
| HCV RNA (log IU/ml) | 0.76 (0.55–1.07) | 0.11 | | |
| ALT | 0.99 (0.99–1.00) | 0.46 | | |
| AST | 0.99 (0.99–1.00) | 0.44 | | |
| Liver fibrosis stage 0–1 | 3.88 (1.83–8.20) | <0.001 | 5.00 (2.02–12.37) | <0.001 |
| <i>CYP27B1</i> rs10877012 CA/AA | 1.67 (0.92–3.02) | 0.09 | 1.24 (0.47–3.29) | 0.67 |
| <i>DHCR7</i> rs12785878 GT/TT | 1.93 (1.05–1.96) | 0.032 | 2.69 (1.03–7.05) | 0.04 |

AST aspartate aminotransferase, ALT alanine aminotransferase, BMI body mass index, HCV RNA hepatitis C virus RNA, 95%CI 95% confidence interval

Table 4 Performance of *DHCR7* rs12785878 polymorphism, liver fibrosis, and rapid virologic response for predicting sustained virologic response in hepatitis C virus genotype 1-infected patients

| | Sensitivity | Specificity | PPV | NPV |
|--|-------------|-------------|-------|-------|
| <i>DHCR7</i> rs12785878 GG/TT | 37% | 76.6% | 59.7% | 56.6% |
| Liver fibrosis stage 0–1 | 81% | 47.6% | 66% | 66.7% |
| RVR | 64.9% | 68.6% | 69.8% | 63.6% |
| <i>DHCR7</i> rs12785878 GT/TT and RVR | 18.1% | 95.9% | 81% | 54.7% |
| <i>DHCR7</i> rs12785878 GT/TT and liver fibrosis stage 0–1 | 18.4% | 97.9% | 88.9% | 57.2% |

PPV positive predictive value, NPV negative predictive value, RVR rapid virologic response

D insufficiency [22]. Also, the *DHCR7* GT/TT allele was associated with higher serum vitamin D levels and with decreased liver fibrosis in Caucasian patients with chronic liver disease [38]. In a recent study by Petta and colleagues of patients with chronic HCV genotype 1 infection, the *DHCR7* rs12785878 GT/TT genotype was independently linked to non-severe liver fibrosis [27].

This study has demonstrated that the *DHCR7* GT and TT genotypes are also associated with better treatment responses to PEG-IFN-based regimens in patients with chronic HCV genotype 1-infected patients. The reason for this could be due to their effect on liver fibrosis or due to their enhancement of 7-dehydrocholesterol/pre-vitamin D3 production and immune responses during IFN-based therapy. However, there was no relationship between liver fibrosis and *DHCR7* polymorphisms in the HCV genotype 1 patients in this study. Nevertheless, only half of the patients underwent liver fibrosis staging. It is interesting that why this association is only observed in genotype 1. A possible reason that might explain this finding is patients with chronic HCV non-genotype 1 infection have high SVR rates to PEG-IFN based therapy. The difference among patients with and without the *DHCR7* rs12785878 GT/TT are much smaller than genotype 1 patients. There have been no previous studies that have provided data on *DHCR7* rs12785878 genotypic frequencies in Thai populations, but in a 2012 study in Chinese children in northeastern Han Province, frequencies of 25.5%, 46.4%, and 28.1% for GG, GT, and TT genotypes, respectively were reported [39]. The present study showed that functional variants of the genes *GC* (rs4588, rs7041, rs22020, rs2282679), *CYP2R1* (rs2060793, rs12794714) and *CYP27B1* (rs10877012) were not associated with treatment responses in Thai patients with chronic HCV infection.

The findings contrast with the results of previous studies, which showed significant associations between the rate of SVR and a *CYP27B1*-1260 promoter polymorphism (rs10877012) and *GC* polymorphisms [18, 25, 29]. This finding may be attributable to the differences

between studies in patient ethnicity. In addition, the present study analyzed each SNP with SVR, whereas previous studies used genetic models of major allelic combinations. Apart from the *DHCR7* rs12785878 variant, the present study showed that liver fibrosis stage 0–1 and HCV < 400,000 IU/ml at baseline were favorable baseline predictive factors for treatment responses in Thai patients with HCV genotype 1. Several factors, including *IL-28B* genotype, low baseline HCV RNA, less severe liver fibrosis, age and BMI have been reported as pre-treatment predictors of treatment responses among patients undergoing PEG-IFN-based therapy [3, 40, 41]. Despite entering to the new era of chronic HCV therapy with DAAs, which have high rate of SVR, in most developing countries, where DAAs are not affordable by most patients. The PEG-IFN-based regimen remains a good effective option for treatment of chronic HCV infection.

This study had several limitations. Although a large study cohort was evaluated, the study was performed in two main centers in Thailand. Also, the baseline serum 25(OH)D level was not evaluated because it is known to be affected by several variables, including sunlight exposure, season, malabsorption, metabolic rate, dietary intake, and liver function [42]. In addition, the main focus of this study was the effects of genetic variants of genes involved in the vitamin D pathway on treatment outcomes in patients with chronic HCV infection treated with PEG-IFN-based regimens.

Conclusions

This study has shown that in Thai patients with chronic HCV genotype 1 infection the *DHCR7* rs12785878 GT/TT alleles were independent predictors of improved treatment outcomes with PEG-IFN-based therapy. The *DHCR7* polymorphism may be a predictive marker for good responses to PEG-IFN-based therapy in chronic HCV genotype 1 infection in developing countries, where new DAAs therapies are not widely available.

Additional files

Additional file 1: Table S1. Restriction Fragment Length Polymorphisms, the primer sequences and polymerase chain reaction conditions, restriction enzymes and product sizes of 8 studied single nucleotide polymorphisms. (DOC 45 kb)

Additional file 2: Table S2. Sustained virologic response in relationship with *GC*, *CYP2R1*, *CYP27B1* and *DHCR7* in chronic hepatitis C patients treated with PEG-IFN- α based regimen. (DOC 59 kb)

Abbreviations

1,25(OH)₂D: 1, 25-dihydroxyvitamin D; 25(OH)D: 25-hydroxyvitamin D; 95% CI: 95% confidence interval; ALT: Alanine aminotransferase; AST: Aspartate transaminase; BMI: Body mass index; CYP27B1: cytochrome P450 family 27 subfamily B member 1; CYP2R1: Cytochrome P450 family 2 subfamily R member 1; DAA: Direct-acting agents; *DHCR7*: 7-dehydrocholesterol reductase; DNA: Deoxyribonucleic Acid; EVR: Early virologic response; *GC*: Vitamin D binding protein; GWAS: Genome-wide association studies; HCV: Hepatitis C

virus; IRB: Institutional review board; NPV: Negative predictive value; OR: Odd ratio; PCR: Polymerase chain reaction; PEG-IFN: Pegylated interferon; PPV: Positive predictive value; RNA: Ribonucleic acid; RVR: Rapid virologic response; SNP: Single nucleotide polymorphism; SVR: Sustained virologic response; VDR: Vitamin D receptor

Acknowledgements

We would like to thank the all the staffs of the Division of Gastroenterology, Department of Medicine and Center of Excellence in Clinical Virology, Faculty of Medicine, Chulalongkorn University who participated in this study.

Funding

This study was funded by the Ratchadaphiseksomphot Endowment Fund Part of the "Grants for Junior or Terminated Executive staff" (CU's SRP_05_55_30_01), the Pericardia Program of The Royal College of Physicians of Thailand, the Ratchadaphiseksomphot Fund, Faculty of Medicine, Chulalongkorn University (RA55/24), the National Science and Technology Development Agency (RES_58_291_30_016), the Center of Excellence in Clinical Virology of Chulalongkorn University (GCE 58-014-30-004) and the National Research University Project, The Office of Higher Education Commission (NRU-59-002-HR). The funding bodies had no role in the design of the study and collection, analysis, and interpretation of data and in writing the manuscript."

Availability of data and materials

The raw datasets generated and analysed during the current study are not publicly available because consent for the publication of the raw data was not obtained, but are available from the corresponding author on reasonable request.

Authors' contributions

All contributing authors have agreed to the submission of this manuscript for publication. KT, SS, ST, P Thaimai and PK designed and conducted analysis. WS, P Tangkijvanich, RW and YP acquired data. KT, SS produced the first draft of the manuscript. ST, P Thaimai, PK, WS, P Tangkijvanich, RW and YP revised the manuscript. All authors have read and approved the final version of this manuscript.

Competing interests

All authors declare no conflict of interest.

Consent for publication

Not applicable. No details, images, or videos relating to individual participants are included in the manuscript.

Ethics approval and consent to participate

Individuals were informed of the study purpose and written consents were obtained following the requirements of the local ethics committees. Informed consent was signed by the subject or the subject's legally authorized representative. The research protocol and consent procedure were approved by the Institutional Review Board of the Faculty of Medicine, Chulalongkorn University (IRB 562/54) and Khon Kaen University (HE561177).

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Received: 14 December 2016 Accepted: 11 April 2017

Published online: 17 April 2017

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